



COMMUNITY GROUPS' Notice Board



Bassendean Community Playgroup

Playgroup for children aged 0-6 years.
Meets each Monday morning in the hall of St Mark's church, off Parker Street, 9.30am—11.30am
New members welcome
Phone Jeanette on 9378 2880 or 0403 777 973



ASHFIELD COMMUNITY ACTION NETWORK

The AshfieldCAN encourages a sense of community and wellbeing in Ashfield. For more information please telephone 9378 2272 or check out the web site:

www.ashfieldcan.info

Personal development activities comprise computer software training including building your own web site, rock and roll dance classes, and more.

Sahaja Yoga Meditation

Freely available to anyone with a genuine desire to know the true self, with a quest to evolve to a higher level of awareness, understanding and enjoyment.
Tuesdays 7pm—8.30pm, at the Bassendean Library.
Contact: Diana: 9279 7314 selentin@westnet.net.au



BASSENDEAN CULTURAL ADVANCEMENT GROUP

A spokesgroup for the Aboriginal Community in the Town of Bassendean

Help us to work on issues effecting Aboriginal People in the Town:

**Culture - Health - Sport
Children - Education
Training - Employment**

New members welcomed
We can make a difference together

Contact Lynette 0421 560 047

Scrapbooking & Stamping Club of WA

Girls Out Doing Daring Exciting Stamping and Scrapping (GODDESS)

We provide space and block of time in today's busy world to commit to your craft. You share this space and time with some very knowledgeable scrapbookers and stampers.

Third Sunday of the Month, 2.00pm to 6.00pm
Small Hall Bassendean Council Offices, 48 Old Perth Road. Cost \$75 per annum or \$40 for 6 months or \$8 per month.

Contact: Violet: 9295 5498, or Julie: 9378 3276

2010 schedule

- January 17
- February 21
- March 21
- April 18
- May 16
- June 20
- July 18
- August 15
- September 19
- October 17
- November 21
- December 19

BASSENDEAN MELODY CLUB INC.

Invitation

Bassendean Melody Club meets in the Bassendean Community Hall, 48 Old Perth Road, on every Friday 10.00 a.m. to 11.45 am — public holidays and Christmas break excepted. Members are united by a love of music and enjoy good fellowship while singing along karaoke style to the golden oldies. Solo items, percussion, and visiting artists add variety and humor. Morning tea is provided. Entrance is 50c or a gold coin on the first Friday of the month. All are welcome.

Contact Lilian Ordynski 9377 1252 or Helen Barber 9299 6742



Heart Support Australia

helps people with heart problems; before during and after the event.

Phone **1300 661 351** (cost of local call)

People are rostered to take your calls but please be patient if not answered immediately; our volunteers may be busy. We visit three hospitals in Perth. Should you wish to join the team, please get in touch. *Hope you will.*



BASSENDEAN CRICKET CLUB

JUBILEE RESERVE *New members welcome.*
Contact: Allan 0437731334 or Roley 0413050188.

BASSENDEAN WIDER VISION (INC)

Over 50s group catering for those looking for something other than arts, crafts, sports, etc. Guest speaker each week followed by socialising over tea and biscuits. Non-political, non-sectarian and non-profit making.

Wed from 10am to 12noon. *New Members Welcomed*

Enquiries: Doreen 9296 8994 or Neville 9275 1272



PODIATRY CLINIC

Every Tuesday and Thursday 9.00am-11.30am. Basic podiatry treatment available. Qualified podiatrist.

For Seniors and Disability Services clients.
Phone 9279 2609 Tuesday or Thursday am.



Ladies Social Tennis Wednesdays

9am—11am
Ring Joan 9279 1715





Bassonovas

Community Samba Drumming Group
 Learn Brazilian percussion in a fun easy way—no experience necessary!



Call Bassendean Recreation & Cultural Services on **9377 8051** or check website : <http://bassonovas.googlepages.com>

BASSENDEAN SENIOR CITIZENS & OVER 55s

50 Old Perth Road Phone 9279 1944

Ongoing Activities

Mon	9am—12noon	Sewing and Craft Group (Bus pick up)
	2pm—4pm	Amateur Art Group at St Mark's Hall
Tues	9am	Swimming at Altona (Bus pick up)
	10.30am—3pm	Drop in Day— <i>Social and Games</i>
Thurs	1pm—4pm	Karoke is Fun— <i>Sing and socialise</i>
Fri	9.30am—12noon	Carpet Bowls

Monthly Events February—March

2nd Wednesday Concerts:

10th March	Mary Easterbrook
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55+ Diners

150 East	Ascot
Le Paris Brest	Kalamunda

Bus Trips

24th February	Equestrian Centre Brigadoon
24th March	Perth Mint

N.B. Seniors Office will open on 1st February. Please check the notice board for further information on all events and get your name on the list as with some activities there will be limited numbers. Bus pickup is available for concerts. Put your name on the pickup list or ring the office 10am – 12noon.

The Bassendean Arts Council

Supports the following activities of the Bassendean Arts Community:

Art Classes

Life Drawing—Every 4th Sunday
 \$15 Shirley: 0403 795 323

Landscapes—February
 \$55 Martin Kidd 9379 8071

Abstracting Realism—March
 \$55 Lindy 0408 090 078

Portrait Painting—April
 \$55 Martin Kidd 9379 8071

Acrylic Techniques—May
 \$55 Lindy Boyle 0408 090 078

Check out our website and have your own artist's page: Adults \$60 per year, Kids and Teens \$20 per year.

Email the Bassendean Arts Community : bassendeanac@gmail.com
www.bassendeanartscom.com


ARTHRITIS SUPPORT GROUP

The Arthritis Support Group holds passive exercise and Tai Chi. Starts February 2010.
New Members welcomed

Further enquiries: **9279 9382**



Ashfield Gardens Riverside Walking Society



Walking in the Bassendean, Ashfield, Guildford, Bayswater, Swan foreshore area from 7am each Saturday Morning, departing from 35 Hardy Road, Ashfield. All welcome

Contact John: 044 807 4536, or Jan: 0425 137 333

Voices of the Valley Choir

Voices of the Valley welcome new members to friendly, no auditions choir, conducted by enthusiastic professional musician.

Contact Dianne 0407 145 580



Is your organization missing out on this opportunity to promote its activities and coming events?

Give us a call on 9377 8073
 8.30am – 3.30pm Monday – Wednesday
 or leave a message for Julie Hein with our Customer Service Centre on 9377 8000
 Close-off date for the next issue: 26 February
 Limited space so please keep text to a minimum